Novena to the Most Holy Trinity to obtain favors through the intercession of the Servant of God, Blessed Thérèse Couderc.

Nihil Obstat:

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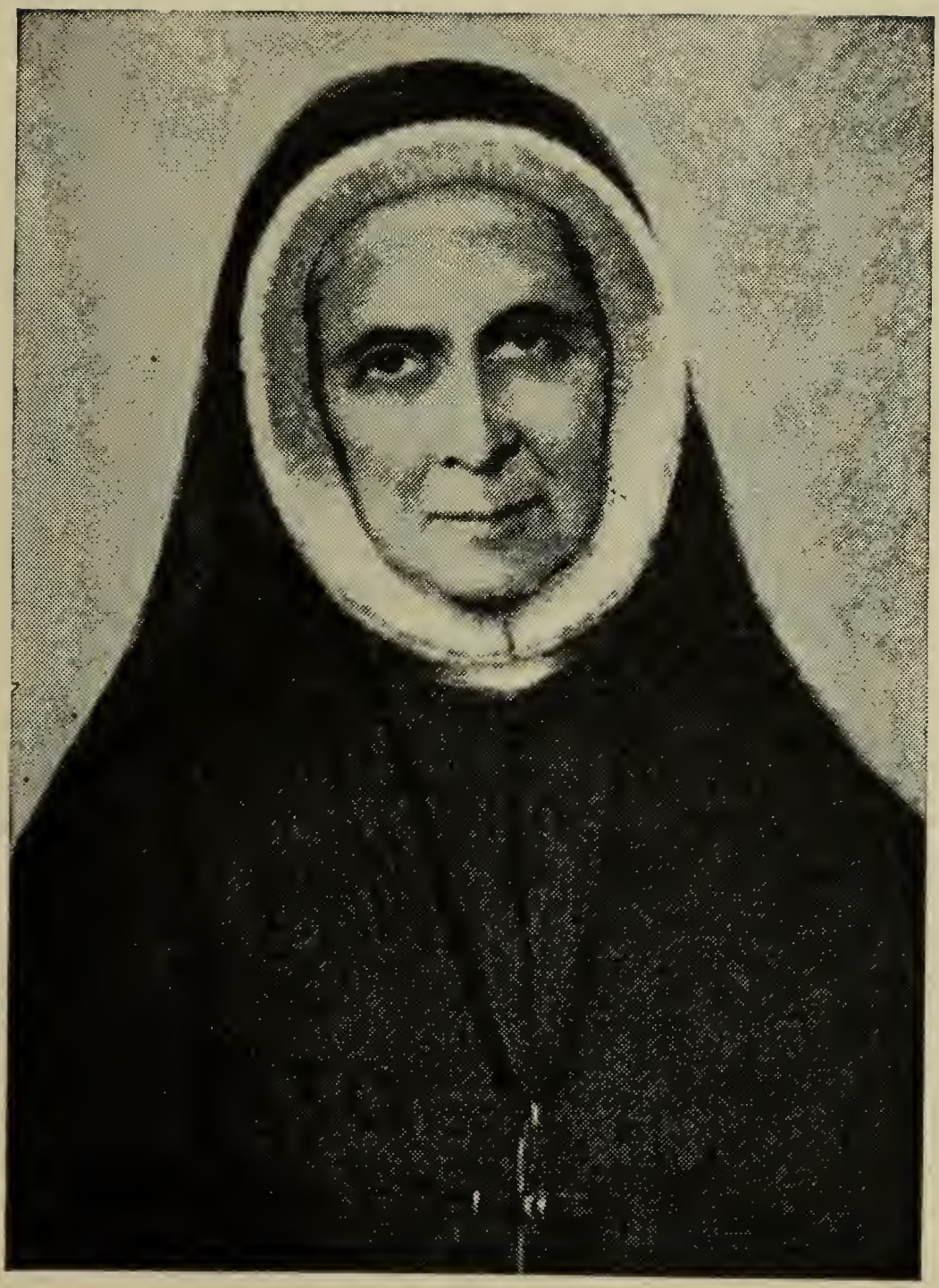

Blessed Thérèse Couderc

Foundress of the Society of Our Lady
of the Retreat in the Cenacle
1805 - 1885

Act of Oblation Composed by Blessed Thérèse Couderc

Lord Jesus, I unite myself to Thy perpetual, unceasing, universal sacrifice. I offer myself to Thee every day of my life and every moment of every day, according to Thy most holy and adorable will. Thou hast been the victim of my salvation, I wish to be the victim of Thy love. Accept my desire, take my offering, graciously hear my prayer. Let me live for love of Thee, let me die for love of Thee; let my last heartbeat be an act of perfect love!

(500 days once a day.)

—Raccolta.

Prayer for Obtaining Her Canonization

Lord Jesus, Lover of souls, Whose delight is to be with the humble and Whose good pleasure is to exalt them, deign, we beseech Thee, to glorify on earth Thy Servant Thérèse Couderc, by raising her to the honors of the Altar, for Thine Own Glory and the advancement of Thy Kingdom.

Through the intercession of Thy faithful Servant, who, burning with love for Thy Divine Person and with zeal for the salvation of souls, founded the Society of our Lady of the Retreat in the Cenacle, grant us the favor for which we plead. (*Here mention your request.*)

Give us also the grace to imitate her complete surrender to Thy holy Will, her heroic humility and hidden life, her fervent love of Thy Holy Eucharist, her devotion to Thy Blessed Mother, and her charity toward the souls in Purgatory. May we, by following her example, constantly advance in the way of perfection and grow daily in Thy Divine Love. Amen.

Our Father, Hail Mary, Glory be to the Father. (*100 days Indulgence.*)

My Jesus, Mercy. (*300 days.*)

✠ RICHARD J. CUSHING,
Archbishop of Boston.

September 26, 1948.

Persons who receive graces attributed to the Servant of God are kindly asked to send an account of them to the Cenacle.

First Day

Faith

"Since God is the Supreme Good how could He fail to be all things to the soul who has found Him, and tasted His sweetness?"

"The nearer we draw to God, the greater is our desire to draw closer to Him; the more intimately we are united to Him, the more do we long for this union,—because thereby we realize with ever-increasing fullness that God is the Center toward which our heart tends, and that He alone can fill it and render it happy."

"God always gives more than we ask."

BLESSED THÉRÈSE COUDERC.

Prayer

Most Holy Trinity, we adore Thee, we praise Thee, we bless Thee for all that Thou art in Thyself, and for all the graces Thou didst vouchsafe to bestow upon the soul of Thy Servant, Blessed Thérèse Couderc. By the love with which Thou didst prepare her, grant us we beseech Thee, the favor we implore, and the grace to imitate her FAITH. Amen.

Our Father . . . Hail Mary . . .
Glory be to the Father.

Second Day

Abandonment to the Divine Will

"I abandon myself with my whole heart to God's Will, and to His good pleasure,—and when I have in all sincerity made this act of self-surrender, I experience great tranquillity and perfect peace."

"I tell Him to do with me whatever He wills in time and eternity."

"All places are alike to me, because everywhere I expect to find Him, Who is the only object of all my desires."

BLESSED THÉRÈSE COUDERC.

Prayer

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Our Father . . . Hail Mary . . .
Glory be to the Father.

Third Day

Humility

"I wish it were possible for me to absolutely forget this poor self, and I also wish it might be forgotten by all, for it deserves only oblivion and contempt."

"I ask of God that we may never do anything ostentatiously, or attract attention to ourselves, but that we may accomplish good in comparative obscurity, always looking upon ourselves as the least in God's Church."

BLESSED THÉRÈSE COUDERC.

Prayer

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Our Father . . . Hail Mary . . .
Glory be to the Father.

Fourth Day

Zeal for God's Glory

"I have but one desire: that God be glorified; I have but one sorrow: that He is disowned and insulted; I have but one fear: that of offending and displeasing Him by some infidelity."

"It would be great suffering, were I not thus drawn to Him, and did I not experience a hunger for Him, and for all that concerns His service and glory."

BLESSED THÉRÈSE COUDERC.

Prayer

Most Holy Trinity we adore Thee, we praise Thee, we bless Thee for all that Thou art in Thyself, and for all the graces Thou didst vouchsafe to bestow upon the soul of Thy Servant, Blessed Thérèse Couderc. By the love with which Thou didst prepare her, grant us we beseech Thee, the favor we implore, and the grace to imitate her ZEAL FOR THY GLORY. Amen.

Our Father . . . Hail Mary . . .
Glory be to the Father.

Fifth Day

Zeal for the Salvation of Souls

"May God's kingdom come. May He be glorified in all the designs it is His good pleasure to accomplish, and may His Will be done in and by all souls."

"Let us strive to make use of all the little sacrifices each day brings, that we may increase our merit, prove our good will, and above all show our love for Our Lord."

BLESSED THÉRÈSE COUDERC.

Prayer

Most Holy Trinity we adore Thee, we praise Thee, we bless Thee for all that Thou art in Thyself, and for all the graces Thou didst vouchsafe to bestow upon the soul of Thy Servant, Blessed Thérèse Couderc. By the love with which Thou didst prepare her, grant us we beseech Thee, the favor we implore, and the grace to imitate her ZEAL FOR THE SALVATION OF SOULS. Amen.

Our Father . . . Hail Mary . . .
Glory be to the Father.

Sixth Day

Fidelity to Grace

"Let us fervently desire the Holy Spirit, for where the Spirit of God reigns, there also holiness is found."

"When the Holy Spirit vouchsafes to speak, every creature should be silent, and not interfere with His Divine operations."

"Divine Wisdom ordains and governs all things. The knowledge of this alone should make us give thanks for everything."

BLESSED THÉRÈSE COUDERC.

Prayer

Most Holy Trinity we adore Thee, we praise Thee, we bless Thee for all that Thou art in Thyself, and for all the graces Thou didst vouchsafe to bestow upon the soul of Thy Servant, Blessed Thérèse Couderc. By the love with which Thou didst prepare her, grant us we beseech Thee, the favor we implore, and the grace to imitate her DOCILITY TO THY GRACE. Amen.

Our Father . . . Hail Mary . . .
Glory be to the Father.

Seventh Day

The Spirit of Sacrifice

"Blessed be God! These words should be always on our lips, whether He afflicts or consoles us."

"Let us embrace the Cross in whatever form it be given; for ever since it was first sanctified by Him Who is the Source of all holiness, it sanctifies all that it touches. Let us love the Cross, for the more we love it the greater shall it benefit us."

BLESSED THÉRÈSE COUDERC.

Prayer

Most Holy Trinity we adore Thee, we praise Thee, we bless Thee for all that Thou art in Thyself, and for all the graces Thou didst vouchsafe to bestow upon the soul of Thy Servant, Blessed Thérèse Couderc. By the love with which Thou didst prepare her, grant us we beseech Thee, the favor we implore, and the grace to imitate her LOVE OF SACRIFICE. Amen.

Our Father . . . Hail Mary . . .
Glory be to the Father.

Eighth Day

Love of the Cross

"Only by the Cross shall we attain to divine union."

"May the Cross of Our Lord be with you always, to be your support and your strength."

"He who knows how to suffer, knows how to love."

"The good Master's Cross is so large, that there is no place, and no state of life that it does not reach; but we find everywhere also, the grace and strength to carry it, and make of it a means of sanctification."

BLESSED THÉRÈSE COUDERC.

Prayer

Most Holy Trinity we adore Thee, we praise Thee, we bless Thee for all that Thou art in Thyself, and for all the graces Thou didst vouchsafe to bestow upon the soul of Thy Servant, Blessed Thérèse Couderc. By the love with which Thou didst prepare her, grant us we beseech Thee, the favor we implore, and the grace to imitate her LOVE FOR THE CROSS. Amen.

Our Father . . . Hail Mary . . .
Glory be to the Father.

Ninth Day

Divine Love

"Happiness is to be found only in God. The thought of Him dispels every other sentiment, and renders all other things insignificant—for God alone is All, and takes the place of everything."

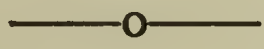
"O how good is the Good God, Who even on this poor earth, by sweetly communicating Himself to us, gives us a foretaste of the happiness prepared for His elect. Once having experienced this happiness, it is easy to disregard that which does not come from Him, and we are no longer tempted to seek it in creatures."

BLESSED THÉRÈSE COUDERC.

Prayer

Most Holy Trinity we adore Thee, we praise Thee, we bless Thee for all that Thou art in Thyself, and for all the graces Thou didst vouchsafe to bestow upon the soul of Thy Servant, Blessed Thérèse Couderc. By the love with which Thou didst prepare her, grant us we beseech Thee, the favor we implore, and the grace to imitate her LOVE FOR THY DIVINE MAJESTY. Amen.

Our Father . . . Hail Mary . . .
Glory be to the Father.



Those who attribute any favors received to the intercession of Blessed Thérèse Couderc are kindly asked to communicate with one of the addresses on last page.

CONVENTS OF OUR LADY
of the
RETREAT IN THE CENACLE

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